



**Look Fabulous When Posing for Photos With These Tips**

- 1 Start with a warm smile. Just say any word that ends with the vowel "i" or "y". (Money, Mini)
- 2 To stop blinking, close your eyes, take a deep breath, then open your eyes as you exhale.
- 3 Turning your hips away from the camera while turning your shoulders back to the camera makes you look slimmer.
- 4 Create a little space between your arms and torso by pushing your elbows slightly out also makes you look slimmer.

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# 15 PERFECT POSING TIPS

- 5 Always put your weight on the leg that is furthest from the camera.
- 6 Sit or stand with perfect posture. A straight back makes you appear taller, thinner and more confident.
- 7 Slightly bend the leg that is closest to the camera and raise your heel for a graceful S-shape curve.
- 8 Avoid the sides of group shots because wide-angle lenses make the end people look bigger.
- 9 No grinning! Just a relaxed, small smile won't scrunch up the eyes.
- 10 Turn your face more to the camera until the eyes feel comfortable so you aren't looking out of the corner of your eye.
- 11 Most people have slightly different facial structures on either side, making one appear nicer looking. Try tilting your head slightly towards the light so it is less noticeable.

- 12 If one eye is noticeably smaller than the other, stand so that the side with the smaller eye is closer to the camera.
- 13 Women should turn the edge of their hand towards the camera for a more graceful look whenever possible.
- 14 Put your hand on your hips, with your thumb behind your back, then push the palm of your hands down your hips.
- 15 Everyone should be posed differently in a group. Relax, have fun and stay loose when posing. Before your session, practice these tips in front of a mirror. At first, these poses may feel awkward but they will become more natural to you as you practice.



**SPOTLIGHT ON:**  
Sisters:  
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