

Andre Hairston's Cardio Craze - September 2014

Cornwell Center Gym - 2001 Selwyn Avenue, Charlotte, NC 28207 (\$5 each per class and Child Watch is available ONLY on Saturdays for \$2/child)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NO CLASS	2	3 6:30pm - \$5/each Cornwell Center Gym	4 10:45am - Fitness Connection @ Ballantyne 6:30 pm - Morrison Y	5 6pm - Fitness Connection @ Ballantyne	6 10:00-11:30am \$5/each Cornwell Center Gym
7 1pm - \$5/each Cornwell Center Gym	8 5:30pm - Fitness Connection @ Ballantyne	9	10 6:30pm - \$5/each Cornwell Center Gym	11 10:45am - Fitness Connection @ Ballantyne 6:30 pm - Morrison Y	12 6pm - Fitness Connection @ Ballantyne	13 9:30am - \$5/each Cornwell Center Gym
14 12:30-2:00pm - \$5/each Cornwell Center Gym	15 5:30pm - Fitness Connection @ Ballantyne	16	17 NO CLASS	18 10:45am - Fitness Connection @ Ballantyne 6:30 pm - Morrison Y	19 6pm - Fitness Connection @ Ballantyne	20 9:30am - \$5/each Cornwell Center Gym 11:30am - Fitness Connection @ Ballantyne
21 1pm - \$5/each Cornwell Center Gym	22 5:30pm - Fitness Connection @ Ballantyne	23	24 6:30pm - \$5/each Cornwell Center Gym	25 10:45am - Fitness Connection @ Ballantyne 6:30 pm - Morrison Y	26 6pm - Fitness Connection @ Ballantyne	27 9:30am - \$5/each Cornwell Center Gym 11:30am - Fitness Connection @ Ballantyne
28 1pm - \$5/each Cornwell Center Gym	29 5:30pm - Fitness Connection @ Ballantyne	30				