# Elements Catering & Floral Design

# **MENU**











Elements Catering & Floral Design www.elementsms.com Info@elementsms.com 601.550.8634

Select from any of our menu options below, or we will gladly customize a menu for you! Serving the entire state of Mississippi!

# Salads

#### Caesar

Shaved parmesan, crisp romaine, and homemade garlic croutons

#### Garden

Romaine lettuce, vine-ripe tomatoes, cucumber chunks, carrots, cheddar cheese, sunflower seeds, homemade garlic croutons, and ranch dressing

#### Greek

Wild greens, romaine lettuce, vine-ripe tomatoes, cucumber chunks, red onions, kalamata olives, pepperoncini peppers, croutons and feta cheese with Greek dressing

# **Baby Spinach**

Sliced crimini mushrooms, red onions, bacon pieces, diced hardboiled eggs, and sunflower seeds with honey mustard dressing

#### **Bacon Bleu**

Mixed greens, Applewood bacon, bleu cheese crumbles, homemade garlic croutons, and creamy balsamic dressing

#### Southwestern

Romaine lettuce, grape tomatoes, green onions, baby bell peppers, black beans, corn, avocado, pepper jack cheese, and tortilla strips with cilantro lime vinaigrette

#### **BLT**

Iceberg lettuce, vine-ripe tomatoes, apple wood smoked bacon pieces, cheddar cheese, and creamy homemade ranch

# **Spring**

Baby romaine, green leaf lettuce, vine-ripe tomatoes, cucumbers, carrots, croutons, strawberries and poppy dressing

# Caprese

Vine-ripe tomatoes, fresh mozzarella, basil, cracked black pepper and aged balsamic vinaigrette

#### Fruit

Consisting of strawberries, grapes, kiwi, watermelon, honeydew, pineapple, and bananas - seasonal availability

# **Poppy Chicken Salad**

Sundried cranberries, raisins, toasted almond slivers—presented in a pineapple half (+\$2 per person)

#### **Elements**

Mixed greens, red & green grapes, feta cheese, cheddar cheese, strawberries, slices of granny smith apples, Vidalia onions with Vidalia onion dressing

#### **Potato Salad**

Potatoes, sweet relish, mustard, mayo, and seasonings

#### Cornbread

Cornbread, tomatoes, bacon, bell pepper, green onions, cheddar cheese, kennel corn, and beans

# **Pasta**

#### Baked Ziti al a Norma

Fresh mozzarella, eggplant, and basil in a rich tomato sauce

#### **Truffled Mac and Cheese**

Home style Mac & Cheese with an asiago crust and caramelized onions

#### Smoked Mozzarella Ravioli

In the classical alfredo sauce with pesto drizzle

# Vegetable Lasagna

Seasonal grilled vegetables, ricotta cheese, mozzarella, basil in a fire-roasted tomato sauce

# **Creamy Noodle Chicken**

Parmesan, pimentos, chicken, noodles, in a creamy cheese sauce

#### **Fettuccini**

Grilled chicken breast with alfredo and sundried tomatoes

# Italian Lasagna

Hearty meat, ricotta cheese, mozzarella, basil in a roasted tomato sauce

#### **Tortellini**

Tri colored cheese stuffed pasta with Alfredo

#### **Sundried Italian Pasta**

Tri-colored rotini, vine-ripe tomatoes, bacon, black and green olives, corn, and sundried pesto

#### **Basil Pesto Pasta**

Bowtie, ziti, roasted corn, artichoke, black olives, tomatoes, and avocado, with homemade ranch

# Cajun

Sausage, capers, & creamy cheese sauce

#### Seafood

Bowtie pasta, cheese, shrimp, & crab

#### Mac & Cheese

Three types of cheeses, butter, and milk

# **Breads**

#### French

Baked bread with parsley, butter, & garlic

#### White Dinner

Gourmet white dinner rolls

#### **Wheat Dinner**

Gourmet wheat dinner rolls

#### **Cheddar Biscuits**

Fresh cheese and butter biscuits

#### **Corn Muffins**

Southern baked cornbread muffins

#### **Mexican Cornbread**

Cornbread, cheese, jalapenos, & corn

# Passed Hors d'oeuvres

These items are available if you would like to have hors d'oeuvres for you cocktail hour.

They can be passed by servers or a table set up.

Cornbread Cups w/ BBQ Chicken & Slaw

Mini Bacon Bleu Cheeseburgers

Artichoke Feta Tortilla Wraps

Black Bean & Corn Dip

Louisiana Crawfish Dip

Shrimp Dip

7 Layer Dip

Pineapple Cream Cheese Ball

**BLT Stuffed Mini Tomatoes** 

Cheddar & Sharp Cheese Ring

Chocolate Chip Cheese Ball

Mini Muffalettas

Mediterranean Cream Cheese Torte

Smoked Salmon Stuffed New Potatoes

Spinach Mushroom Caps

Dill Chicken Skewers w/ Dill Dip

Italian Bacon Wrapped Green Beans

**Sundried Tomato Wraps** 

Italian Tortellini Salad Skewers

Cornbread Griddle Cakes

Poppy Seed Salad Bites

Crabmeat Cheesecake

Creole Shrimp Squares

Fresh Fruit Skewers

Mini Southwest Tortilla Wraps

3 Bean Gulf Shrimp

**Sundried Tomato Torte** 

Roast Beef Bruschetta

Spinach Dip

Hot Bacon & Swiss

Italian Bacon Wrapped Asparagus

Potato Salad Rounds

Mini Crab Cakes

Fresh Vegetable Torte

Mini Chicken or Beef Kabobs

Tomato Feta Crostini

Pimento & Cheese Bites

# **Entrees**

#### Chicken:

#### **Mediterranean Chicken Breasts**

Artichoke hearts, roasted peppers, caramelized red onions, and feta cheese in a light lemon basil sauce

#### **Southwestern Chicken Breasts**

Apple wood bacon pieces, scallions, grilled onions, black olives, aged cheddar and jack cheeses served with bbq sauce

# **Lemon Pepper Chicken**

Marinated in lemon juice with cracked black peppers

#### Italian herb chicken

Roasted chicken with fresh herbs served in a Italian gravy

#### **Hawaiian Chicken**

Baked chicken with a sweet glaze and pineapple pieces

#### **Fried Chicken**

Home style, fried to perfection

#### Tuscan Chicken

Chicken breast with artichokes, capers, roasted peppers, onions, feta cheese, in a lemon basil cream sauce

#### **Chicken Andouille Gumbo**

Chicken, sausage, celery, bell peppers, thyme, basil, tomatoes, okra, and rice

#### **Chicken Tenders**

Southern fried to perfection; served with optional dipping sauces.

#### Pork:

# **Orange Marmalade Pork Chops**

Squeezed orange juice, orange marmalade, butter, and ground black pepper

#### **Herbed Pork**

Encrusted Pork Tenderloin w/ raspberry chutney

#### Ham

Pit-Smoked; with champagne mustard and mango chutney

City-Baked; with Dijon sauce Honey; sweet pineapple glaze

# Cajun Jambalaya

Dirty rice, green bell peppers, onions, fresh celery, sausage, seasoned to perfection with Cajun spices

#### **Roast Pork Loin Florentine**

Stuffed with wild mushrooms, spinach, goat cheese and fire-roasted tomato sauce

#### **NOLA Red Beans**

Rice, Cajun spices, and sausage

#### **Beef:**

#### **Tenderloin**

Pre-sliced, herb encrusted tenderloin served with raspberry chutney

#### **Filet**

Grilled, wrapped in bacon and rubbed with garlic butter, peppercorns with cracked black pepper & sea salt

# **Fajitas**

Steak, onions, & bell peppers

#### **Brisket**

Beef, grilled to perfection

#### **Roast Beef**

Served with horsey mayo sauce

# Asian Beef Teriyaki

Grilled, with a brown Asian teriyaki sauce

#### **Flank**

Peppered steak presented with broccoli florets, red peppers, snow peas in a dark gravy glaze.

# **Bleu Bacon Burgers**

Mini burgers with bacon, feta, bleu cheese, tomato, and/or pickle

# Wellington

Beef, wrapped in a puff pastry with sliced Portobello, cracked black pepper, in brown gravy

#### Seafood:

#### Crab

Cake with Cajun corn and crab bisque

#### **Catfish**

Baked to perfection, served with a lemon butter garlic sauce

#### Salmon

Hawaiian; grilled filet served with a teriyaki brown sugar and pineapple glaze

# Tilapia

Baked filet stuffed with three cheeses, spinach, and smoky bacon pieces; served in a herb butter sauce

#### **Catfish**

Fried to golden perfection!

#### **Crawfish Etoufee**

Crawfish tails, tomatoes, green onions, butter, garlic, and rice

#### **Lemon Herbed Salmon**

Oven baked with herbs, lemon juice, and butter

# Vegetables

# **Vegetables**

Seasonal, mixed, grilled, butter, and garlic

#### Italian Green bean bundles

Wrapped in bacon, seasoned with Italian seasoning

# **Asparagus**

Grilled with herbed butter or with lemon garlic aioli

#### Carrot

Soufflé, baked and dusted with powdered sugar

#### **Green beans**

Crunchy and baked, creamy mushroom sauce, French onion bread crumbs, pimentos

# **Baby carrots**

Steamed, orange, tarragon, and honey butter glaze

#### Green bean

Almandine with buttered almond slivers and toasted walnuts

# **Spinach**

Baked, creamed, artichoke, cream cheese, parmesan, and garlic

#### Broccoli

Rice casserole with cheddar cheese and covered with crunchy French onions

# Summer squash

Baked, Casserole, yellow garden squash, variety of cheeses, onions that are seasoned to perfection

# **Butternut Squash**

Honey butter glaze

# Cabbage

Steamed to perfection with cracked black pepper and bacon pieces

#### Corn

Creamed with buttery goodness.

# **Starches**

#### Wild

Rice pilaf with sliced mushrooms

# Sweet onion au gratin

Swiss cheese, Yukon gold potatoes, thyme, cracked black pepper, and vidalia onions

# **Mashed potatoes**

Whipped with butter and garlic

#### Macaroni

Three cheese, butter, and milk

#### **Roasted New Potatoes**

Seasoned to perfection with rosemary and caramelized onions

#### **Twice Baked Potatoes**

Hardwood smoked bacon pieces, green onions, sour cream, butter, yellow onions

#### Yellow

Rice with green peas and diced red peppers

#### **Sweet Potato**

Soufflé with marshmallow and caramelized pecan topping

#### **Smashed**

Potatoes with buttermilk ranch covered with bacon pieces and chives

# **Shrimp & Grits**

Buttered herbed gulf shrimp with creamy home style grits or try cheddar cheese, chives, and bacon pieces

# **Candied Sweet Potatoes**

Brown sugar glaze, butter, and cinnamon

# **Dressing**

Cornbread, spices, green onions. Divine!

\*Other starch & vegetable options are available upon request.

# Beverages

Coffee punch

Tropical punch

Wassail punch

Limon vanilla cream

Party punch

Strawberry float punch

Homemade lemonade

Raspberry sherbet punch

Orange Sorbet

Sweet tea/Unsweet tea

Coffee (special bar selections available)

Lemonade

**H2O** 

# **Action Stations**

Stations can be set up at station tables with attendant or for buffet style service.

#### **Pasta Station**

A selection of pasta choices and sauce choices: fettuccine, ziti, tri colored tortellini, and ravioli; Sauces include: Sundried tomato cream sauce, Alfredo, Marinara Roasted Garlic, and Pesto Cream. Toppings include: grilled chicken, chicken, sausage, parmesan cheese, sundried tomatoes, & chives.

#### **Loaded Mashed Potato Station**

Delicious whipped buttery mashed potatoes with optional toppings to include: hardwood smoked bacon, green onions, sour cream, butter, diced ham, salt, and pepper. This can be combined and baked together!

Martini glasses available at request.

# Po'boy Station

Consisting of mini po'boys with a selection from the following: fried shrimp, sausage, fried catfish, fried crawfish, ham, and roast beef. Toppings to include: Lettuce, tomatoes, cheese, tarter sauce, & remoulade sauce.

# Fresh Seasonal Fruit Display

Fresh seasonal cantaloupe, honeydew, berries, grapes, strawberries and royal pineapple; Served with a creamy fruit dip.

#### **Salad Martini Station**

Mixed greens available with a wide selection of toppings presented in large oversized martini glasses.

Toppings to include: cheese, broccoli, bacon pieces, green onions, crotons, black olives, bell peppers, carrots, and three dressing selections. Martini glasses available at requests.

# Fresh Vegetable Display

Selection of carrots, cucumbers, zucchini, squash, tomatoes, celery and marinated olives; served with house ranch dressing.

### **Assorted Cheeses**

A selection of assorted domestic and imported cheeses including but not limited to Smoked Gouda, Swiss, Provolone, Fontana, Pepper jack, Cheddar; served with butter, wheat, and grain crackers. Cheese rings & molds also available.

#### **Grits Martini Station**

Southern buttery and cheesy grits served with a selection of marinated shrimp, cheese, apple wood smoked bacon, chives, jalapenos, and grilled chicken.

Martini glasses available at request.

# **Dip Station**

Select from hot or cold dips. All served with tri-colored tortilla chips or gourmet crackers.

Spinach & Artichoke
Corn & Crab
Hot Bacon Swiss
Black Bean & Corn
7 Layer
Shrimp Dip
La Crawfish Dip

#### **Southern Fried Station**

Accompanied by our signature homemade remoulade sauces, garden fresh green tomatoes fried on site. Selections can also include fried dill pickles, yellow squash rounds, and fried okra.

#### **Gourmet Coffee Station**

Regular and decaf coffees with all the necessary condiments as well as flavored creamers, regular creamer, sugar, sugar substitute, stirrers, and biscotti.

#### Macaroni & Cheese Bar

Guests can get a regular size martini glass with a serving of mac & cheese. If they wish, they can add toppings from the list below. Toppings to be displayed in large oversized martini glasses to include: hardwood smoked bacon pieces, diced ham, broccoli, vine ripe tomatoes, parmesan cheese, feta cheese, Monterey jack cheese, pepper jack cheese, green onions, grilled diced chicken, garlic croutons, jalapenos, & homemade salsa.

#### **Mexican Taco Bar**

Mini hard tacos and soft shell tacos served with but not limited to the following accompaniments: Aged cheddar cheese, pepper jack cheese, shredded romaine lettuce, chopped scallions, diced red tomatoes, jalapenos, seasoned ground beef, grilled chicken strips, guacamole, sour cream, queso, and salsa. This station will be manned and the tacos will be made on site per the guest request. Mexican rice and beans will be offered.

# **Cheese and Antipasta Display**

Domestic and imported cheeses with a variety of cured meats including smoked hams, salami, prosciutto, olives, marinated vegetables, BLT stuffed tomatoes, asparagus, stuffed grape leaves, mushrooms, Mediterranean cream cheese, pesto & sundried tomatoes torte served with an assortment of wheat, grain & butter crackers.

#### Slider Station

Mini seasoned burgers and/or Bacon Blue Cheeseburgers with vine ripe sliced tomatoes and shredded lettuce; skewered with a mini pickle on top, shredded BBQ pork with crunchy French onions, smoked salmon sliders with capers and dill mayo. \* All the above slider buns can be branded with one initial. Station can be set up so that guests can customize their own burger.

#### **Biscuit Bar**

Consisting of: Fresh baked biscuits with a selection of gourmet jellies, butter, and spreads. Tomato gravy & White pepper gravy also available.

#### **Bar-B-Q Station**

Choose from beef, chicken, and pork with different types of gourmet BBQ sauces as well as toppings.

#### **Sweet Potato Station**

Sweet potatoes served in a bowl. You can choose toppings such as: butter, candied pecans, brown sugar, and cinnamon

# Carving Station

Slow Roasted Turkey, Honey Glazed Ham, Roast Beef, Top round of Beef Tenderloin, or Prime Rib. Meats can be carved by carver on site or pre carved.

#### S'mores Station

Consisting of: Graham crackers, large marshmallows, chocolate, and wooden skewers with open flames available.

# **Candy Station**

Gumballs, M&Ms, Skittles, Laffy Taffy, Mints, Gummy Bears, and Sours. Special candy requests available. Station to include all candy containers and scoops.

#### **Dessert Station**

Dessert Station can include: assorted mini pastries, cheesecakes; blueberry, strawberry, red velvet, or turtle, triple chocolate fudge squares, GA pecan bars, zesty lemon squares, mini mousse cake, strawberry swirl, gourmet chocolate chip cookies dipped in white chocolate with chocolate sprinkles, channel bars, strawberry shortcake, banana pudding, bread pudding, cake shooters, peach cobbler, cream cheese shooters, chocolate shooters, and bread pudding.

\*Attendants may be required for stations & services.

-Dinnerware Options Available-

White China Clear Glass Silver Trimmed China Gold Trimmed China Vintage China Clear Disposable