WHAT TO WEAR FOR SESSIONS

FAMILY, ENGAGEMENT, AND WEDDING PHOTO SESSIONS MAY BE MY FAVORITE THUS FAR. IT'S AN OPPORTUNITY TO GET TO SPEND TIME KNOWING YOU AND BASKING IN LOVE; CAPTURING GREAT MOMENTS IN NORMAL, DAY-TO-DAY LIFE.

SESSION STYLING TIPS

EVERYBODY HAS A DISTINCT STYLE. MAKE SURE THAT YOU SHOW IT OFF!

DECIDE THE OVERALL STYLE YOU'RE LOOKING FOR IN YOUR PICTURES E.G. FORMAL, CASUAL, COUNTRY/RUSTIC, MODERN... THIS WILL HELP YOU IN YOUR CLOTHING SELECTION. PICK A STYLE THAT SAYS SOMETHING ABOUT YOU. DECIDE ON A LOOK THAT YOU CAN PLAN YOUR OUTFITS AROUND AND HAVE SOME FUN WITH IT! WEAR SOMETHING THAT YOU ARE COMFORTABLE IN – IF YOU DON'T FEEL LIKE YOURSELF OR LOVE YOUR OUTFIT, IT'S GOING TO COME OUT IN THE PICTURES! SOME PEOPLE WANT TWO DIFFERENT LOOKS FOR THEIR PICTURES.

FOR BRIDES: ON YOUR BRIDAL SESSION, YOU'LL BE WEARING THE SAME DRESS ON THE WEDDING DAY, SO SPICE IT UP FOR THIS SHOOT! WEAR YOUR HAIR DIFFERENT, ADD A FUNKY HEADBAND OR DIFFERENT SHOES, ADD A HUGE FLOWER BROOCH – ANYTHING THAT GOES WITH YOUR PERSONAL STYLE/
PERSONALITY. IT'S YOUR SPECIAL DAY SO TREAT YOURSELF BY GETTING YOUR HAIR AND MAKEUP DONE. I MEAN GO ALL THE WAY. IT'LL MAKE YOU FEEL LIKE

A STAR AND THAT WILL SHOW IN THE PHOTOS!

RULES FOR CLOTHING IN PICTURES:

- 1. Bring on the color. It looks better on almost anyone! Black and dark colors are slimming (maximise them). White can wash you out if you have lighter skin.
- 2. If YOU'RE GOING TO USE PATTERNS, USE THEM SPARINGLY. DON'T GET TOO BUSY. IF ONE OF YOU IS WEARING A BOLD PATTERN OR COLOR, TRY TO HAVE THE OTHER DRESS IN A SOLID, SIMPLER PATTERN THAT'S COMPLIMENTARY TO THE MORE BOLDLY DRESSED PERSON.
- 3. WATCH FOR LENGTHS. IT'S REALLY NOT THAT GOOD LOOKING TO HAVE ONE PERSON IN SHORTS AND THE OTHER IN PANTS, OR ONE IN A SHORT SLEEVED SHIRT AND THE OTHER IN LONG SLEEVES.
 - 4. IF WEARING JEANS, MAKE SURE THE TWO JEAN COLORS GO WELL TOGETHER, FOR EXAMPLE, JEANS WITH A REALLY BLUE TONE AREN'T GOING TO LOOK GOOD NEXT TO JEANS WITH A MORE GRAYISH TONE, ETC.
 - 5. REMEMBER OUTFIT CHANGES ARE TIMELY, BUT IF YOU WANT TO GET A FEW FORMAL SHOTS IN DRESSY CLOTHES, AS WELL AS SOME CASUAL SHOTS, GO AHEAD AND BRING BOTH OUTFITS TO THE SHOOT.
- 6. IN GENERAL, HORIZONTAL STRIPES MAKE YOU LOOK WIDER, AND VERTICAL STRIPES MAKE YOU LOOK LONGER (TALL/SKINNY)- IT'S VERY EMPHASIZED IN
 PHOTOGRAPHS SO BE CAREFUL!
 - 7. REMEMBER HAIRSPRAY, LIPSTICK/GLOSS, AND OF COURSE BOTTLED WATER!
 - 8. SMALL CHILDREN SHOULD BE DRESSED TO MATCH THE ADULTS.
 - 9. IF YOU PLAN ON WEARING HEELS, BRING SOME FLIP FLOPS JUST TO WALK AROUND IN WHILE WE'RE NOT TAKING PHOTOS.
 - 10. HAIR BAND, CLIPS, PONYTAIL HOLDER, ETC. IN CASE OF A WINDY DAY
 - 11. ANY PROPS YOU WANT TO USE... A FRISBEE, COWBOY BOOTS, DOGS, ANYTHING THAT YOU BOTH ENJOY TOGETHER
- 12. BRIDES, I AM GOING TO GET PICTURES OF YOUR FEET AND SHOES! JUST PLAN ON IT- PREPARE FOR THEM BY GETTING A FULL PEDICURE IF YOUR FEET ARE EXPOSED AT ALL. ALSO BRING SHOES THAT YOU WANT TO BE PHOTOGRAPHED IN. TOO OFTEN BRIDES DON'T THINK THEIR SHOES WILL BE SEEN SO THEY SLIP ON WHATEVER. HAVE FUN WITH YOUR SHOES- THEY DON'T HAVE TO BE YOUR WEDDING ONES. IF YOU'RE A PASSIONATE RUNNER- SHOW YOUR PERSONALITY AND WEAR YOUR CUTEST RUNNING SHOES!
- 13. I'M ALSO GOING TO GET PICTURES OF YOUR HAND, RING, BOUQUET (HIGHLY RECOMMENDED), AND JEWELRY. PREPARE BY GETTING A FULL MANICURE (YOU DON'T HAVE TO GET ARTIFICIAL NAILS IF YOU DON'T WANT, OBVIOUSLY, BUT AT LEAST GET THEM ALL CLEANED UP!) GET YOUR RING AND JEWELRY CLEANED AND DON'T FORGET YOUR BOUQUET IF YOU WANT ONE IN YOUR PICTURES.
 - 14.BRING A FRIEND OR MOM IF YOU'D LIKE! THEY CAN HELP HOLD THINGS AND STRAIGHTEN OUT YOUR DRESS/TRAIN. PLUS, HAVING THEM THERE WITH YOU MIGHT HELP YOU FEEL MORE RELAXED.

