

Andre Hairston's Cardio Craze - January 2015

Cornwell Center Gym - 2001 Selwyn Avenue, Charlotte, NC 28207

\$5 each per class. Complimentary Child Care available only on Saturdays.

Classes are also held at Fitness Connection Ballantyne & Indian Trail, as well as the Morrison YMCA.
Please visit their websites for their current monthly gym schedules.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 11:00am-12:30pm \$5 each Cornwell Center Gym	2	3 9:30am - \$5/each Cornwell Center Gym
4 3:30pm - \$5/each Cornwell Center Gym	5	6	7 -No Wed classes due to basketball season. Will resume after the season ends.-	8	9	10 9:30am - \$5/each Cornwell Center Gym
11 3:30pm - \$5/each Cornwell Center Gym	12	13	14 -No Wed classes due to basketball season. Will resume after the season ends.-	15	16	17 9:30am - \$5/each Cornwell Center Gym
18 3:30pm - \$5/each Cornwell Center Gym	19	20	21 -No Wed classes due to basketball season. Will resume after the season ends.-	22	23	24 9:30am - \$5/each Cornwell Center Gym
25 3:30pm - \$5/each Cornwell Center Gym	26	27	28 -No Wed classes due to basketball season. Will resume after the season ends.-	29	30	31 9:30am - \$5/each Cornwell Center Gym