

# Lifelong Memories

## photography

### Family Photography Session Tips and Tricks

#### Suggestions on what to wear:

-Wear something you are comfortable in. If you're comfortable, it will show in the pictures. An outfit change is welcomed, and they can give a variety to the pictures. Photo shoots are around 1 hour in length, so take this into consideration when planning outfit changes.

-Think about layering clothing.

- It's best not to wear tight jeans or other clothes that are overly tight and restrict movement. Or show curves you don't want shown.

-Have family wear clothing that you love, and make sure it's 'you'. It's best not to wear something you are going to wish you didn't wear in a few weeks.

-A touch dressier than normal might be fun, just make sure it's still you. But if your personality is more casual and you want your photos to look more relaxed, then go casual!

- Wear clothes that are complimentary in style and color. Don't be too matchy. For example, you could all wear shades of fall colors or wear different shades of blue.

-Wear clothes that are the same level of dressiness. Parents shouldn't dress up and have the children wear their everyday street clothes.

- Long sleeves photograph better than short sleeves and sleeveless shirts. But this doesn't mean that everyone needs to wear long sleeves, especially if it is hot outside!

- Have the clothes match the location and season for the shoot. Shorts and flip flops probably are not the best on a cold day (this goes back to being comfortable, if you are not warm it's harder to look happy)
- Darker colors are slimming and they are also easier to photograph. But if you have something in white or off white, don't be afraid to wear it.
- Patterns go out of style quickly, and the background usually has enough texture that patterns can sometimes make the photos too busy.
- Wear shoes you love.
- For on location photo sessions, wear shoes you can comfortably walk in. We normally walk around during photo shoots to get different backgrounds.
- Leave your purse behind, unless you want it in photos. (You can be more free and fun without it) I can carry your keys and a few necessities in my camera bag. I don't like to carry sunglasses so leave those behind or plan on wearing them. We can go back to the car for clothing changes or change when we switch locations.
- If you want to have your dog in some of the photos, it would be best to have a friend come along to watch him/her while we are taking other shots.

### Other things to remember:

- Don't wear a moisturizer with SPF in it. It will make light bounce off of your face and will make it look like your skin color is a lot lighter than it really is.
- Plan on having a good time. Think of it more like a family outing, and less of smiling to the camera.
- If there is something you want me to avoid photographing it helps if you let me know, that way I can work with you to keep the scar, tattoo, part in your hair, or whatever you want me to keep out of the pictures out.

### Accessories:

- If you wear glasses, but also have contacts, it may be beneficial to wear your contacts during the session, unless your glasses are more 'you'. Wearing contacts or using glasses with the lenses popped out will eliminate the glare, distortion, and darkness caused by some lenses.

- Coordinate your footwear with your outfits, as some of your outdoor poses will show your shoes and socks. (If you wear dress shoes, make sure you wear color appropriate dress socks.)

- Considering bringing something that is really "you" for the fun shots. Examples: anything from matching cowboy boots to bubbles or balloons for the kids to play with.